



CIGC
CENTER FOR INDIVIDUAL AND
GROUP COUNSELING, PA
Tools for Life

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For Immediate Release

Millions Suffer from Pain Due to Fibromyalgia & Chronic Fatigue Syndrome. Local Pain Specialist Helps *P.A.N.D.O.R.A. Spread Awareness.

Boca Raton, FL, September 29, 2007 ▪ Karen D. Sacks, M.S., L.C.P.C., L.M.H.C., a leading chronic pain specialist and the Director of Center for Individual and Group Counseling (CIGC), teams up with research and advocacy group to increase awareness for the fundraiser:

TURNING TRASH INTO CASH FOR P.A.N.D.O.R.A.

P.A.N.D.O.R.A. is conducting a cell phone, toner & print cartridge recycling fundraiser. Proceeds will fund P.A.N.D.O.R.A. community educational programs and grass roots advocacy efforts.

The Centers for Disease Control and Prevention (CDC) estimates there are up to 2.5 million Americans with Chronic Fatigue Syndrome and it's estimated that Fibromyalgia affects 8 to 10 million Americans. Due to lack of awareness, there are still many who remain undiagnosed. Karen has been a therapist for over 28 years and was diagnosed herself with Fibromyalgia in 1989, so she intimately understands and is able to help others with the specific challenges that come with living life with a chronic pain condition. She has also recently been named to the Board of Directors of P.A.N.D.O.R.A., will be serving as a member of the Public Policy Committee and is looking forward to contributing significantly to the organization and the community.

P.A.N.D.O.R.A. is a non-profit organization providing research and advocacy for individuals with Chronic Fatigue Syndrome (CFS) and Fibromyalgia Syndrome (FMS), Gulf War Syndrome, Multiple Chemical Sensitivity (MCS), Multiple Sclerosis (MS) and other related illnesses. For more information go to www.pandoranet.info.

CIGC is has arranged for three additional drop off locations:

CIGC

7301 W. Palmetto Park Rd.
Suite 205A
Boca Raton, FL 33433
561.544.8889
Drop off Hours: T, W, Th 10am-5pm

HairColorXperts

21090 St. Andrews Blvd.
Boca Raton, FL 33433
561.362.6606
Drop off Hours: M-Sun 10am-5pm

HairColorXperts

2404 North Federal Highway
Lighthouse Point, FL 33064
954.785.6400
Drop off Hours: M-Sun 10am-5pm

*Patient Alliance for NeuroendocrineImmune Disorders Organization for Research and Advocacy.