



FOR IMMEDIATE RELEASE

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P.A.N.D.O.R.A., Inc. to Host First Annual 5K Walk

Fundraiser aims to give supporters a chance to “Walk in the Shoes” of a loved one with Chronic Fatigue Syndrome, Fibromyalgia and other Chronic Pain Illnesses

CORAL GABLES, Fla.—(April 20, 2009)—For anyone who has ever felt helpless watching a loved one suffering from chronic fatigue syndrome, fibromyalgia, Gulf War illness, multiple chemical sensitivities, environmental illnesses, and chronic Lyme disease, “Walk in My Shoes™” is a chance to make a difference.

Hosted by P.A.N.D.O.R.A. (Patient Alliance for Neuroendocrineimmune Disorders Organization for Research and Advocacy, Inc.) a non -profit charitable organization founded in 2002 to create awareness and address the needs of persons in the U.S. diagnosed with the above mentioned illnesses, “Walk in My Shoes™” will be held on May 23 at the C.B. Smith Park in Pembroke Pines.

The fundraiser is P.A.N.D.O.R.A.’s first hosted walk, and aims to attract participants who will make the 5K walk on behalf of friends, co-workers and family members with chronic illnesses.

“Acknowledging and understanding the real pain of a loved one suffering with these chronic illnesses is one of the most important things that friends and family members can do to show their support,” said P.A.N.D.O.R.A. founder Marly Silverman, who was diagnosed with chronic fatigue syndrome (CFS) and fibromyalgia in 1998. “Walk in My Shoes™” also recognizes the important role that caregivers play in the lives of those with these debilitating illnesses.”

“Healthy persons may never be able to truly understand the debilitating body wide pain and fatigue, brain fog/cognitive impairment and flu like symptoms experienced on a daily basis by people with CFS, fibromyalgia and other chronic pain illnesses, however, helping raise much needed funds to continue the work of advocacy groups like P.A.N.D.O.R.A. brings us another step closer to finding a cure,” Silverman added.

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WALK REGISTRATION

Check-in for “Walk in My Shoes™” begins at 7:30 am to 8:30 am. The walk starts promptly at 9:00 am. The C.B. Smith Park is located at 900 N. Flamingo Road in Pembroke Pines. For more information, including how to register as a walker or team, go to the event’s website link at www.pandoranet.info.

About P.A.N.D.O.R.A., Inc- Patient Alliance for Neuroendocrineimmune Disorders Organization for Research & Advocacy

P.A.N.D.O.R.A. was founded on July 1, 2002 by Marly C. Silverman, a Chronic Fatigue Syndrome and fibromyalgia patient. Our mission is to raise awareness of the plight of persons with chronic fatigue syndrome, fibromyalgia, Gulf War illness, multiple chemical sensitivities, environmental illnesses, and chronic Lyme disease and advocate on quality of life issues. P.A.N.D.O.R.A. is Built on Hope - Strong on Advocacy - Finding a Cure through Research.

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RELATED LINKS

[Walk in My Shoes event website](#)

[P.A.N.D.O.R.A. Home Page](#)

[P.A.N.D.O.R.A. on Facebook](#)

[P.A.N.D.O.R.A. on YouTube](#)

[Marly Silverman on Facebook](#)

[Marly Silverman’s blog](#)